

Personal Development Needs Worksheet

This worksheet is for your personal use and reflection. Fill in your growth needs using the chart below. Focus on your desires for growth, not someone else's expectations for you. Don't worry if you don't know how you are going to achieve this growth. That will come later. First, identify in what ways you want to grow.

	Relational
1.	
2.	
3.	
4.	
5.	
	Leadership
1.	
2.	
3.	
4.	
5.	

	Professional / Career
1.	
2.	
3.	
4.	
5.	
	Intellectual
1.	
2.	
3.	
4.	
5.	

	Physical Health
1.	
2.	
3.	
4.	
5.	

	Spiritual
1.	
2.	
3.	
4.	
5.	

	Character
1.	
2.	
3.	
4.	
5.	
	Community Connection
1.	
2.	
3.	
4.	
5.	
	Marriage / Family
1.	
2.	
3.	
4.	
5.	

	Emotional Intelligence
1.	
2.	
3.	
4.	
5.	
	Hobbies / Recreation
1.	
2.	
3.	
4.	
5.	
	Other Growth
1.	
2.	
3.	
4.	
5.	